



Mission Honduras LeMars

709 Plymouth St. NE Le Mars, IA 51031
rseivert2@yahoo.com

712-540-3062

www.missionhonduraslemars.org

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**You make a living by what you get,
but you make a life by what you give.**

~ Winston Churchill

Manuel Gomez, born with cleft palate and lip. Mission Honduras LeMars, in conjunction with Operation Smile, completed successful surgery



69% of Hondurans live in poverty
Extreme poverty 50%

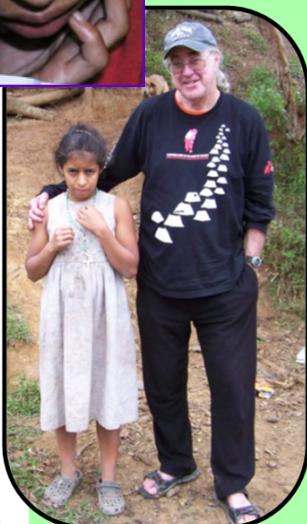
Dear Friends of Mission Honduras LeMars,

We have been blessed in 2013-2014, thanks to your continued support. We hope you consider helping us again this year because the needs in Honduras continue to grow. As you look through our newsletter, realize that the lives of the most vulnerable are at stake.

"Let us love, not in word or speech, but in truth and action." ~1 John 3:18



Above, Francisca before medical treatment & Then Feed Just One food. On the right, Francisca in July 2014 poses with Francis Seivert.



Above, a family home shows dire poverty in Nueva Capital. On right, Paola stands in her kitchen doorway.



Santos' club feet before surgery



Post surgery

Today



"Just begin...one, one, one." ~ Mother Teresa

2 million Hondurans live on less than \$1 per day



2nd poorest country in the western hemisphere



8.5 million people live in Honduras



This is my commandment, that you love one another as I have loved you



Gehlen Mission Honduras student team, in conjunction with Mission Honduras LeMars, built two new family homes in Nueva Capital, spring 2014





Love of country is a wonderful thing, but why should love stop at the border?

~ Pablo Casals

Water Projects



Aguacate



Diarrhea, caused from drinking bad water, is the second leading cause of death for children in the world

80% of Hondurans in rural areas drink river, creek, and pond water, causing many health problems



Jiniapa

MHL donations funded 3 major water projects this past year

Over 50 thousand children under the age of 5 die each year from diseases caused by drinking bad water



La Lima

The importance of clean, drinkable water can never be overestimated.

~ Richard Seivert



More than 7 million Hondurans in rural areas live in some degree of poverty

Then Feed Just One, working in conjunction with Mission Honduras LeMars, shipped 4 full containers of food to Honduras this past year. That represents 1,140,000 meals to the most needy in Honduras. The food is distributed to over 25 children's homes, malnutrition centers, and orphanages, with about 1/2 going to the Tolupan children of Montaña de la Flor.

1 child dies every 5 seconds due to hunger-related causes



1.02 billion people do not have enough to eat - MORE than the populations of the USA, Canada, and the European Union combined

More than 60% of chronically hungry people are girls and women



Gehlen Mission students fed their own TFJO food to the children of the Talanga Nutrition Center, spring 2014



United Nations reports - up to 40,000 people die every day of hunger-related diseases



Malnutrition is the underlying cause of more than 1/3 of all childhood deaths worldwide

Worldwide more than 1/4 of children under 5 are stunted from malnutrition. After age 2, stunting is permanent.

29% of all Honduran children under 5 suffer from stunting



If you can't feed a hundred people,



Then Feed Just One.

~ Mother Teresa

Alone we can do so little. Together we can do so much.

~ Helen Keller

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With Prayerful Best Wishes - Richard Seivert, Mission Honduras LeMars